

# SUPPORT IMMUNITY WITH NUTRILITE™ GARLIC

Garlic has been used throughout history as a herbal panacea, and its role as beneficial to human wellbeing. Allicin, a compound present in garlic extract, is formed from alliin and interacts with the enzyme alliinase. As a herb, garlic has helped to improve immune health and function. It also assists to improve and maintain blood lipid levels.

## FEATURES

- Two tablets provides consistent quality and standardised measure of 13,5mg Alliin and 6mg of Allicin.
- Enteric coating protects the active components in the garlic during their transit through the acidic stomach environment and releases them at the intestines.
- Pleasant peppermint flavour helps reduce odour.
- No artificial sweeteners, colours, flavours or preservatives added.

## BENEFITS

- Nutrilite™ Garlic helps improve cardiovascular health, vitality, cognition, as a result of an antioxidant effect.
- Garlic extract is used as a traditional herbal medicine for relief of the symptoms of minor infections such as common cold and Flu as a result of its antimicrobial effect. It also has anti-aging properties.
- Garlic extract helps to keep the heart healthy and maintain cholesterol levels, and contributes to immune function.



## WHO NEEDS IT?

Anyone who wishes to supplement a well-balanced diet with the benefits of garlic, but without the odour.

## INGREDIENTS

Garlic concentrate (*allium sativum*) (61%); stabiliser (microcrystalline cellulose, crosslinked sodium carboxymethylcellulose, methylcellulose), anti-caking agent (fatty acids, silicon dioxide), corn starch, corn syrup solids, glazing agent (shellac, carnauba wax), natural peppermint flavour.

## RECOMMENDED DOSAGE

Take 2 tablets per day, preferably with a meal.

## ADVISORY

**CAUTION: NOT TO BE TAKEN BY PERSONS TAKING ARVs\***

\*garlic supplements affect the levels of certain antiviral (ARV) medications that doctors prescribe to treat HIV. (garlic supplements can reduce the levels of certain antiviral medications.)

Keep out of reach of children. This product is no substitute for a varied diet. Please do not exceed the recommended daily dose. Keep bottle tightly closed. Store in a cool, dry place.

### NUTRITION INFORMATION

Average content	per day (2 tablets)
Garlic concentrate	770 mg

## ITEM NO.100566 - 120 tablets

ZA: a456.6 • NA: a462.55 • BW: a444.68

p18.56 b397.01 r593.6

**NUTRILITE™**

Nutrilite™ products are not claimed to be medicines nor to treat any medical condition; nor are they intended to replace any prescribed medicines. Should you be taking any prescribed medication, you are urged to consult with your doctor before taking any supplements. Herbal products (Nutrilite™ or any brand of herbal products) should not be taken by anybody with a pre-existing medical condition (including pregnancy) without prior consultation with their medical practitioner. Please visit our website (where you can also download the product labels which detail the ingredients) for further information.